



Breast
Cancer
NETWORK NZ

Seminar

Reducing breast cancer risk



*Breast
Cancer –
nature or
nurture?*

Prof Ian Shaw



*Dietary and
lifestyle risk
reduction*

Dr Helen Smith



*There is more
to breast
cancer than
genes*

Dr Peter Tunbridge

*The role of
the MTHFR
gene*



*EFT
(Emotional
Freedom
Techniques)*

Liz Hart

*Mindfulness
based stress
reduction*



Sue Dykes

Saturday 30th August 9.00am – 4.30pm

Kings School, 258 Remuera road, Remuera, Auckland

Entry \$60 (\$40 for paying members) incl morning/afternoon tea & lunch

Contact Bonnie to register on admin@bcn.org.nz or 09 636 7040

www.bcn.org.nz