

Natural
Health
Expo

BE INSPIRED, BE INFORMED, BE NURTURED



NATURAL HEALTH EXPO

17th and 18th Oct 10am-5pm
Hamilton Gardens Pavilion
\$9 Entry, Under 15 Years - Gold Coin



FEATURING
JEANETTE WILSON
Spiritual Medium

Meet The Professionals

**60 Real Health Options
Under One Roof**

*including Kinesiology, Stress Clinic, Spiritual Artwork,
Nutrition, Pure Essential Oils, Meditation, Crystal Singing
Bowls, Pranic Healing, Safe Cleaning Products, Inspiring
Bodywork. Experience, explore, enjoy.*

NATURAL
MEDICINE



www.naturalhealthexpo.co.nz

PTO For
Seminar Programme



SPEAKER PROGRAMME 2015

SATURDAY	SPEAKER	TOPIC
10:15-10:45	Jenn Howell (Sacred Balance)	An introduction to Shamanic Drum Journeying
11 - 11:45	Jeanette Wilson (TV3's 'Dare to Believe' series)	Working with the entities of light
12 - 12:45	Uta Weidemeier (This is Good For Us)	Introduction to preventative actions on physical, mental, emotional and spirit level
1:00 - 1:45	Faye Taylor (Rainbow Mountain Therapies)	Choose to be pain free and lead a normal, active, successful life
2:00 - 2:45	Dr Sam Shay (The Stress Clinic)	The Adrenal Fatigue and Menopause Connection
3:00 - 3:45	Belinda Falconar (Aroha Acupuncture & Drion)	Healthier and happier menstrual cycles
4:00 - 4:45	Jacquie (Doterra)	Needing focus and balance? Experience how essential oils hold the key

SUNDAY	SPEAKER	TOPIC
10:15-10:45	Dr Sam Shay (The Stress Clinic)	Easy weight loss and detox
11 - 11:45	Jeanette Wilson (TV3's 'Dare to Believe' series)	Emotional reprogramming
12 - 12:45	Elizabeth Stein (Elizabeth's Therapeutic Massage)	Arvigo® Abdominal Care: Unique, safe, and effective for women's health
1:00 - 1:45	Jon Eisen (NZ Journal of Natural Medicine)	Medical cannabis – The most healing plant on the planet?
2:00 - 2:45	Pip Oxlade (Lady of the Rainbow Heart)	Energetic house clearing - 'live better'
3:00 - 3:45	Katherine Smith (NZ Journal of Natural Medicine)	WiFi, smart meters and EMR: What you can do to protect yourself"
4:00 - 4:45	Mike Howell (Share International)	The Masters of Wisdom, here to help for the Aquarian Age. Meditation